SCHOOL HEALTH: DEALING WITH BODY FLUIDS AND DISCHARGES (CALGARY HEALTH REGION)

The school personnel may occasionally encounter situations where they deal with body fluids or discharges of a student, a colleague, or someone else. Examples of these situations are: spontaneous nosebleeds, bleeding from wounds in normal or hemophiliac individuals, vomitus, urine, stool or saliva of a person during epileptic seizures, pus from open infected wounds, etc.

In all these and similar situations, normal precautions should be taken. Wearing of protective disposable latex gloves are recommended and each school should have a supply of these available for its staff. Soiled surfaces should be cleaned with disinfectant solutions. A good, readily available disinfectant is household bleach diluted with one part in nine parts of water.

Always wash hands thoroughly with soap and water after the removal of the protective gloves.

See also the section on AIDS and the Student with Hemophilia at school.

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